

If you want to feel fantastic you have to:

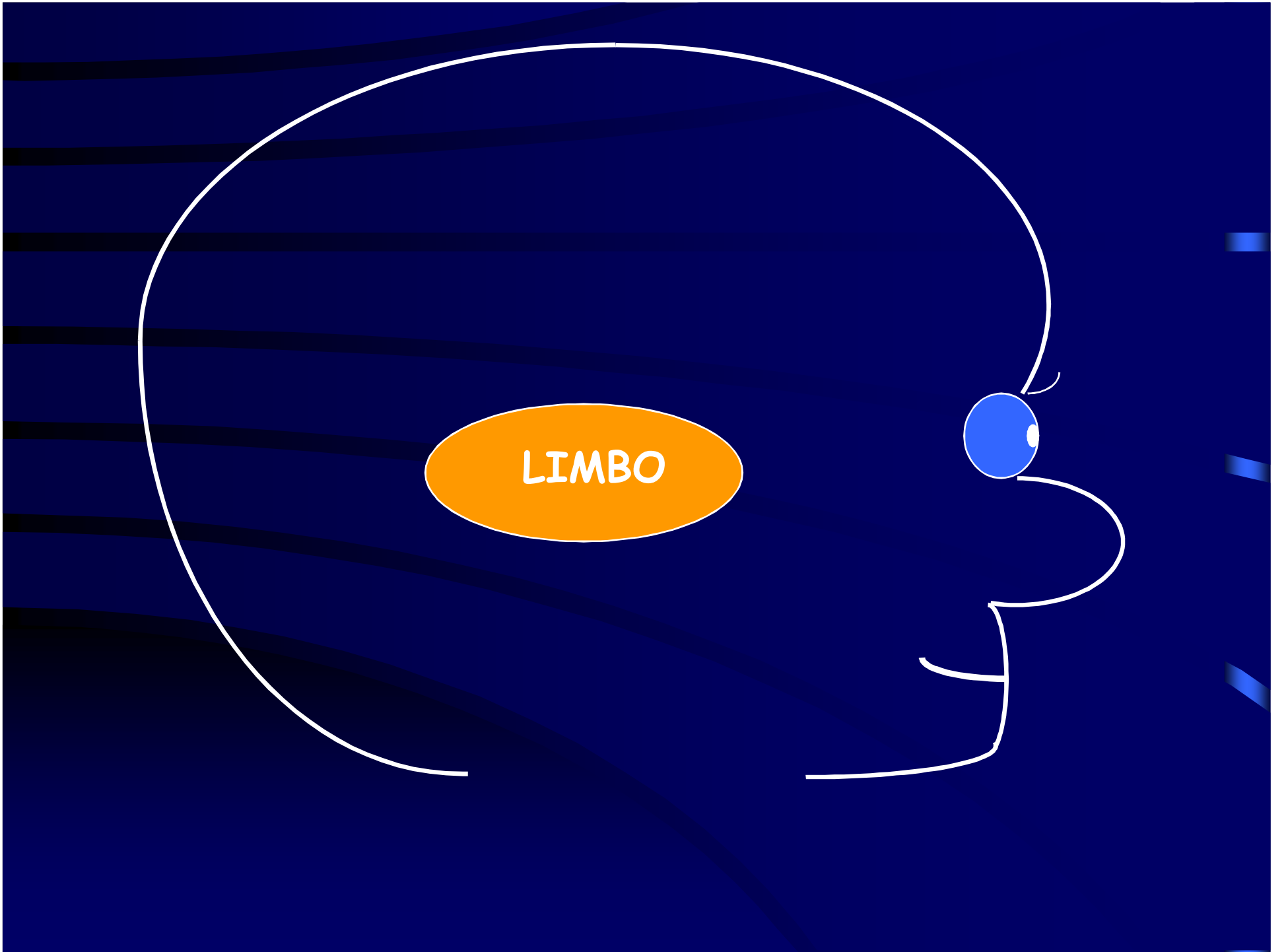
S

M

I

L

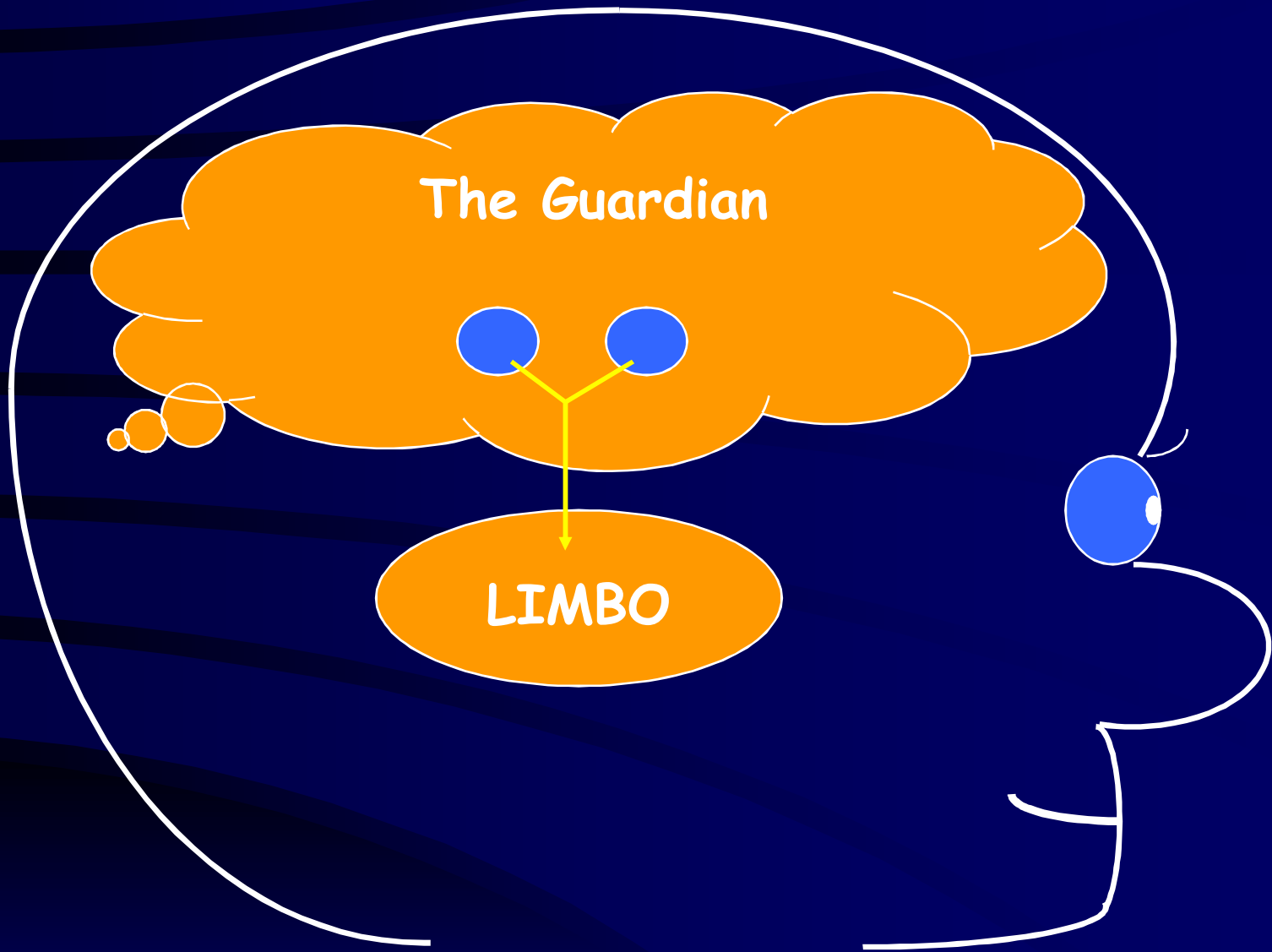
E



LIMBO

The **LIMBO** is responsible for:

1. Emotion (primary function)
2. Memory
3. Motivation
4. Many automatic bodily processes



If you want to feel fantastic you have to:

S

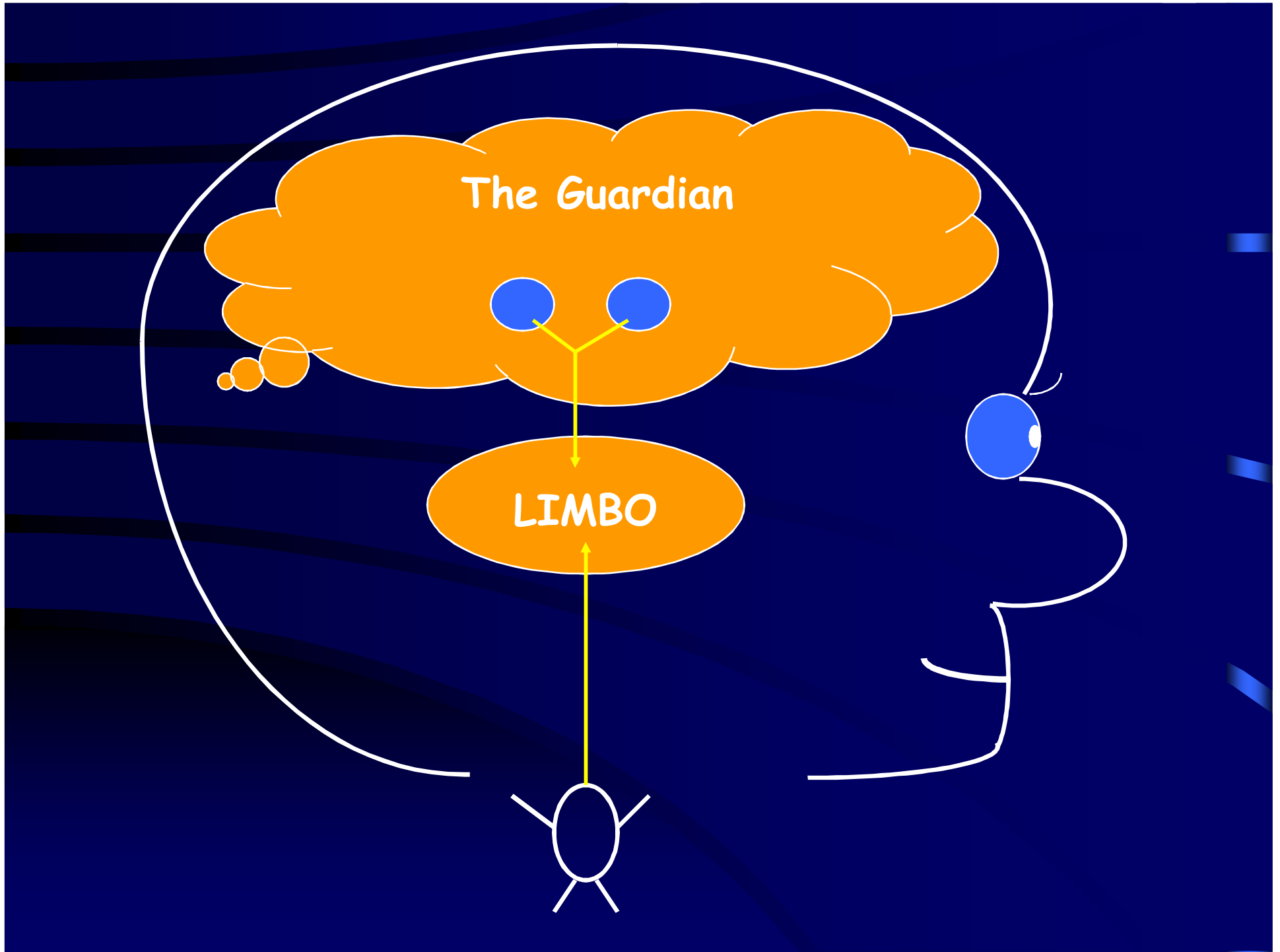
Speak right

M

I

L

E



If you want to feel fantastic you have to:

S

Speak right

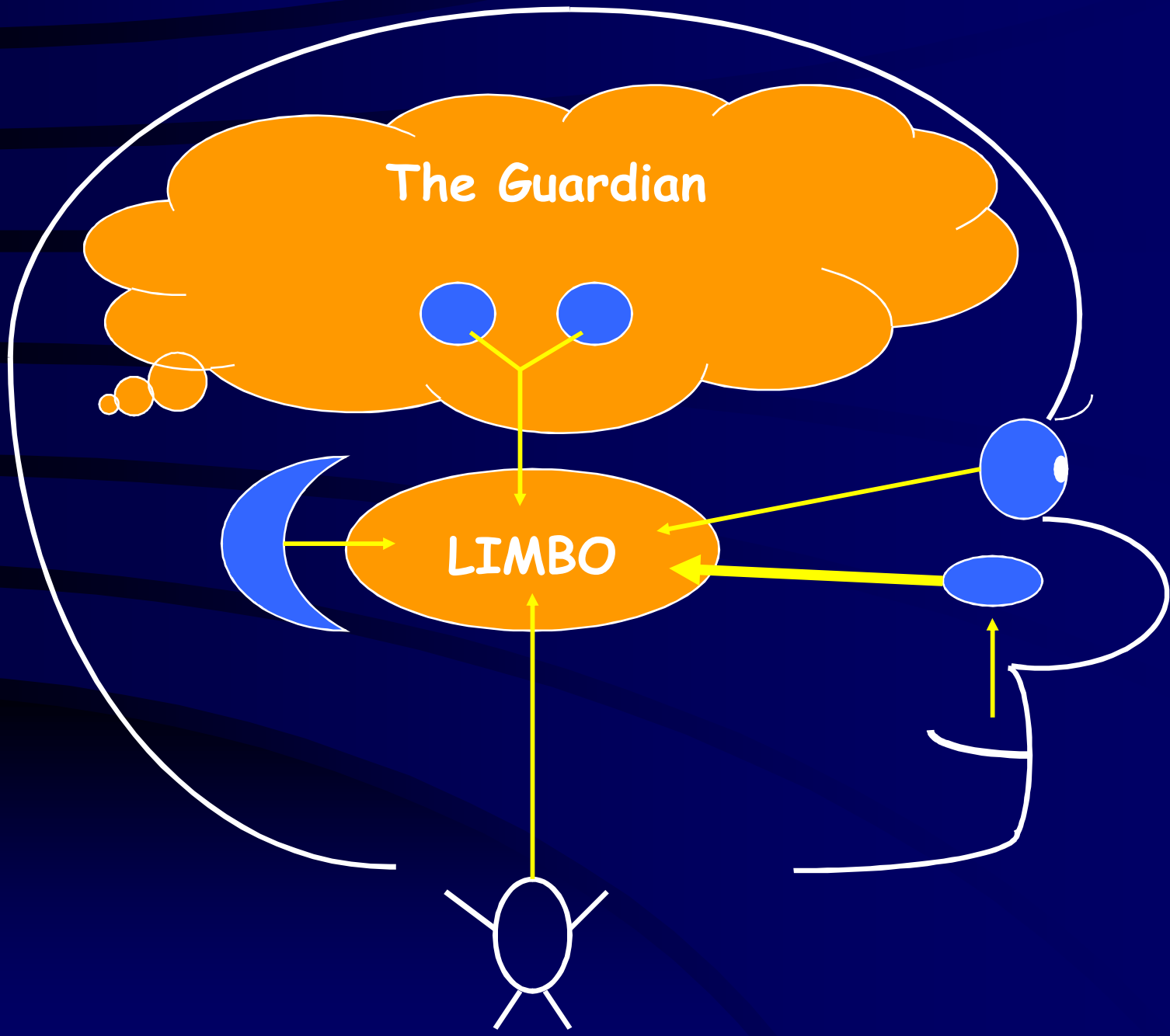
M

Move right

I

L

E



If you want to feel fantastic you have to:

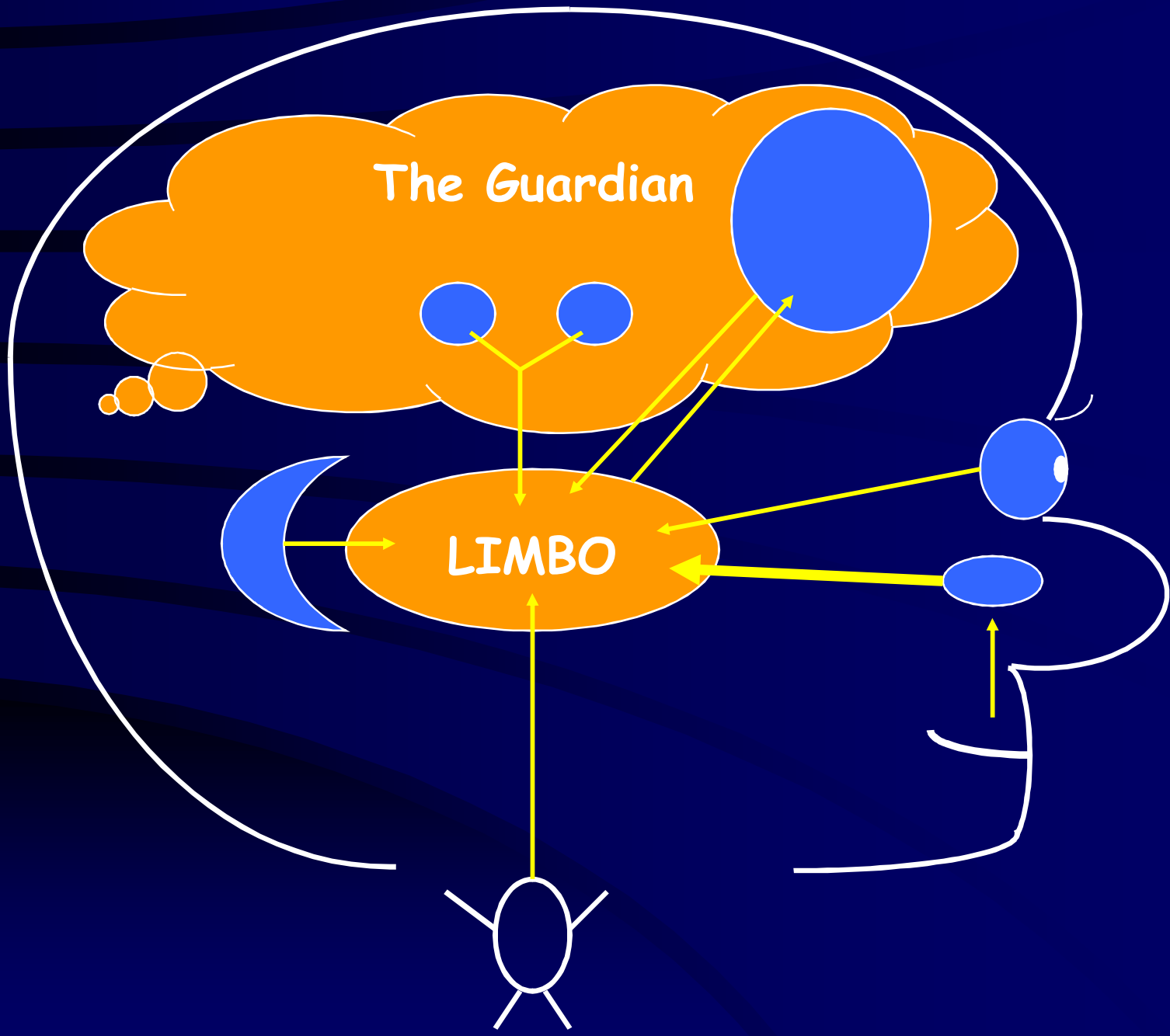
S Speak right

M Move right

I Immerse in right environment

L

E



If you want to feel fantastic you have to:

S Speak right

M Move right

I Immerse in right environment

L Look to the right things

E Externalise

